

**Learning Objective:** This can be for Valentines or just love and kindness themes

**Age Group:** This activity is designed for ages 3-6

## Kindness Keepers

**You will need:**

Small paper bags, string, various decorations like doilies, lace, beads, sequins etc. Glue and markers, heart shaped paper (small)

**How to play:**

- 1) Have the children decorate the outside of the bag
- 2) Tie a string handle on the bag
- 3) Help the children write kindness messages on the paper hearts. You will have to help them. One way is to have them draw their idea on one side of the heart and you write the idea on the other side
- 4) Have children take turns putting kindness messages in each other's bags
- 5) Add your own kindness card to each child's bag

## Cupid's Arrow Game

**You will need:**

6 Straws or sticks, (heart arrows) paper hearts attached to one end, ribbons tied to the other end, cylinder container to put the heart arrows in

**How to play:**

Cupid is a magical creature that spreads kindness everywhere. Cupid uses his arrows to tag people with kind feelings. But Cupid has lost his arrows! Help restore kindness by finding Cupid's arrows.

- 1) Hide the arrows around the room.
- 2) Tell the story to the kids
- 3) Have them hunt for the arrows and bring them back to put in the quiver (tube)

**Variation:** Hide one golden arrow in the room. The child who finds the golden arrow gets to hand out the kindness keepers

## Who is kind? Song

**To the tune of "twinkle twinkle little star"**

I had a heart sent to me. From someone, who could it be?  
Could it be (child's name), (child's name) or (child's name)?  
Could it be (child's name) I don't know!

I had a heart sent to me. From someone,  
Who could it be?

**Note:** Fill in the children's names in the blanks